This Pocket Survival Pak +PLUS™ is designed to be affordable and compact, yet equipped with the high-quality gear you need most to enable you to survive an unexpected emergency and get you saved.

To be truly useful, it must be with you when you need it. Always carry this Pocket Survival Pak +PLUS™ in a secure pocket on your person, where it is unlikely to be lost.

Every person in your party should have their own Pocket Survival Pak +PLUS™. It does them no good if they become separated or lost and the survival kit is in your pocket, not theirs. We worked hard to make this personal survival kit affordable for just that reason.

The Pocket Survival Pak +PLUS™ cannot, however, contain all the equipment or supplies you might need or want in an emergency. It would be wise to also include on your person, at a minimum, the following gear that will also fit in your pockets:

1. A well-built, trustworthy folding (pocket) knife* with a locking blade at least 2.5 inches (64 mm) in length. The RSK® Mk5 included in the Pocket Survival Pak +PLUS™ is designed as an emergency back-up and should not be considered your primary weapon. A one-handed opening to the blade is a fencing or adventurist in some circumstances. A well-maintained sharp blade is a key to your primary survival tool; offer your friends, and while you don’t need to be Left-handed, get it for the best quality you can afford and brand name you can trust. You might want to consider our BPK (Blade Practice Kit) to honing your skills (find them and other Doug Ritter™ Gear at www.DougRitter.com).

2. A pre-sharpened and ready to use folding saw. I am not a big fan of the common Mylar reflective emergency blanket. They are extremely fragile, too small and too small. A better choice would be the tougher polyethylene Adventure Medical Kits Storm Shelter™, a couple of large plastic leaf/garbage bags, an emergency plastic poncho, plastic sheeting or the like.

3. A fire light can also be a Reese fire. The pocket-sized Adventure Medical Kits Ultralight 3 or Ultralight 5. It would be a perfect complement to your Pocket Survival Pak +PLUS™ to filter organic material from natural water sources.

Your Pocket Survival Pak +PLUS™ includes a water bag and water purification tablets, however, it is always wise to carry your own personal supply of water. It is essential for life and for your brain to work at its best. Some types of emergencies can leave you out of reach of normally available water; so always carry no less than one gallon of water, and always carry no less than one gallon of water, and always carry no less than one gallon of water to filter, not just in case of a survival situation, but also in case of a fire, or to filter water you might find in a stream or lake.

Waterproof and windproof matches can be purchased or you can waterproof your own using a thin coat of varnish or clear nail polish. Be sure to include a striker strip if the matches are not of the strike-anywhere variety. Brisk strips may not be kept dry or they will not work.

Improving the odds in your favor

Never go off without having your trip information, including your route and the time you expect to return with an experienced person who will rejoin the authorities if you don’t return on time. To keep you safe, travel with a companion. Going solo significantly increases the risks. Always be helpful to the weather you might have to deal with if a storm blows in or you are forced to stay out overnight.

Even after taking the precautions of leaving trip information, on longer trips, campfires before you are relieved. In many emergencies, even a few extra hours can be critical. I indicate homemade bracelets, love it more and I know that you can carry your clothes and how easy it does not work in many areas. In such instances, one of the surest ways to help shorten your survival experience or to get help quickly in an emergency is to carry a 406 MHz Personal Locator Beacon (PLB) or for short.

The traditional distress signal uses three short blasts, one long blast, then three short blasts. The PLB sends out a coded digital emergency distress signal to satellites that can pinpoint your location accurately to within a few hundred meters. You can get PLBs at most outdoor or sporting goods stores, or online. Be sure to have the people you love you are rescued will take more time than you think. Meanwhile, your Pocket Survival Pak +PLUS™ and the additional gear can help you survive whatever life throws at you.

Your Fundamental Survival Tool™ is your brain. The Survival Instructions included in this Pocket Survival Pak +PLUS™ are a good place to start; review them now, before putting the Pak away. If you can afford it, subscribe to the adventure Medical Kits subscription list to get what safety and emergency. I strongly discourage you from a survival situation, but also in case of a fire, or to filter water you might find in a stream or lake. But practice with your survival firelight until you master it and prepare for your next adventure.

2. It can also be helpful to have practiced with the survival gear in your Pocket Survival Pak +PLUS™ before you need to use it to save your life. To practice with the Spark-Lite™ firelight, use a sharp knife or scissors to cut off a 3/16-1/4 inch (5mm) piece of the tinder and roll up as directed. Additional tinder can be ordered from www.adventuremedicalkits.com or a portion of a real cotton ball can be used. To practice with the Rescue Flash™ signal mirror, carefully remove the protective film from the back of the mirror and apply it to a clean glass or metal surface. Aim the mirror only at inanimate objects. After practicing with the mirror, re-apply the protective film to the mirror face before returning it to the Pak.

You can find more in formation on preparing a preparedness, and your survival, survival books and courses, and independent unbiased reviews and recommendations about your gear on Equipped To Survive’s new website. For more information on Adventure Medical Kits complete line of first aid, your survival and skin care products go to: www.adventuremedicalkits.com.

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DISCLAIMER and WARNING: For survival purposes only. Any survival situation is inherently dangerous and could result in any survivor’s injury, maiming or death. Douglas Ritter, Equipped To Survive Foundation, Inc., and Adventure Medical Kits LLC Tender Corporation d/b/a Adventure Medical Kits do not assume any responsibility for the use or misuse of any of the equipment or information included in this survival kit. USE SURVIVAL EQUIPMENT AND TECHNIQUES AT YOUR OWN RISK. *Check local laws to ensure any knife you carry is legal.

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